

TOP 10

Things to Know Before Starting GLP-1 Peptides

CONFIDENT.
COST-EFFECTIVE.
IN CONTROL.



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1. Most People See Results Fast —Like, Really Fast!

You won't have to wait months to feel a difference.

Starting out Strong—**GLP-1 peptides don't take forever to kick in.** Most clients report results **within the first few weeks**, sometimes even sooner.

What Instant Results with GLP-1s looks like:

- ⚡ **Less inflammation and sustainable fat loss**—no crash diets required.
- 🚫 **Cravings vanish**—food noise? Silenced.
- 🧠 **Mental clarity**—like your brain finally took a deep breath.



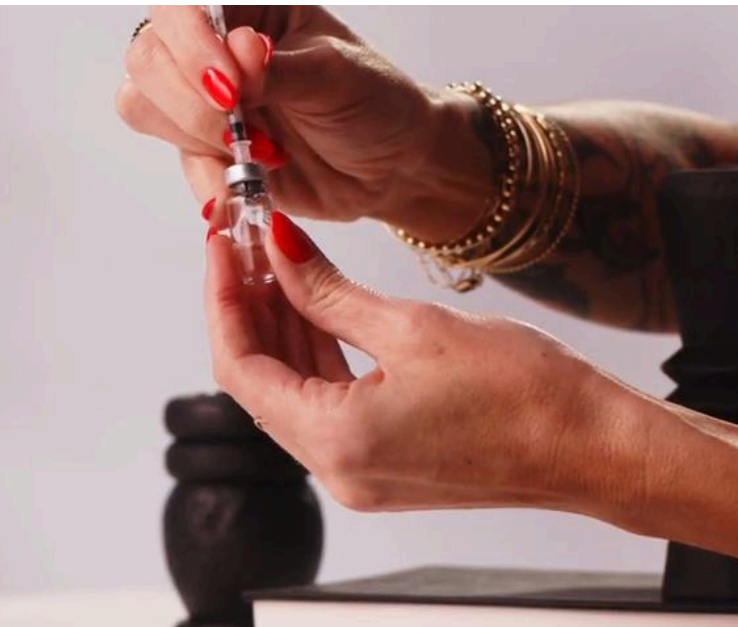
"By week three, I felt like a new person—fewer cravings, more energy, and finally back in control of my body." — Maggie F.



2. Your Dose Might Surprise You — Slow & Steady Wins the Race

Our clients have seen profound results from just the entry (and sometimes even smaller) doses!

Here's the thing: **You don't need high doses for big results.** In fact, "**low and slow**" dosing (the opposite of what many clinics push) leads to better outcomes with fewer side effects.



Why it works:

- 🎯 **Sustainable fat loss** without dramatic adjustments.
- 🏃 **Minimal side effects**, compared to rushed protocols.
- 💡 **Progress that sticks**, without forcing it.

"I can't believe I'm getting results on such a small dose—this feels too easy!" — Michelle R.

Dosing questions? You'll find suggested protocols mapped out inside **Pep Squad** and have support along the way inside our course forums.






3. It Really Doesn't Hurt (We Promise)

If you can pinch your skin, you can do this.

Let's get real: Yes, GLP-1 peptides are injected—but you'll laugh at how easy it is after your very first one.

Why you've got this:

-  **Tiny insulin needles.**
Teeny. Painless.
-  **Seconds to do.** Blink and you'll miss it.
-  **Step-by-step demos** in our courses eliminate the intimidation.

"I wasn't sure I could do this but to be honest, it's so much easier than I had worked it up to be."
— Courtney S.





4. Your Eating Habits Will Change—And It'll Feel Effortless

Getting the Results, Without Perfectionism or Struggling. By far easier than any diet you've ever done.



What changes:

- 🍫 **Cravings vanish.** Sugar and alcohol lose their grip.
- 🥗 **Intuitive eating feels natural.** You'll actually want nourishing foods.
- 💬 **No guilt, no stress.** Finally —Food Freedom without a fight.

Pro Tip: Greasy foods might feel heavy—listen to your body, but don't stress over perfection. No more having to micro manage every bite!



5. You don't need to take 5 different peptides at once... but You'll Want To!

GLP-1s are incredible for fat loss and insulin resistance, but there are so many other amazing peptides for a wide range of concerns!

When you're ready for more:

- 💪 **CJC/Ipamorelin:** Boosts workout tolerance, enhances muscle growth, beauty benefits.
- 🧬 **Epitalon:** Supports hormonal balance, sleep and longevity.
- 🌿 **KPV:** Reduces histamine-driven inflammation, improves gut health.



"Stacking took my progress from good to phenomenal.
Total game changer." – Mary

Our **Pep Squad** course teaches you over 30+ peptide protocols across various concerns.



6. The Headlines Don't Tell the Whole Story—Here's the Truth

Don't fall for fear-mongering. There's a lot of Fake News when it comes to GLP-1s...

Let's be honest:

- 🚫 **Scary headlines love drama.** The reality? Peptides are incredibly safe when used properly.
- 💬 **Context matters.** Misinformation is everywhere—including flawed studies to make juicy click-bait.
- 💡 **Not all GLPS are created equally.** Most side effects are linked to Semaglutide, while our top 2 GLPs (Tirzepatide and Retatrutide) do not carry the same concerns for the vast majority of individuals.



"I almost skipped GLP-1 because of bad press. The real info made all the difference and helped me feel comfortable— I'm so glad I did this!" — Lisa

With **Pep Squad**, you'll learn the facts behind these life-changing interventions.



7. You Don't have to have a Prescription.

Peptide Therapy- even GLP-1s, are easier to access than you think!

No prescription.
No waiting rooms.
No Supply Chain shortages.

- 💡 **Trusted sourcing guidance** puts you in control.
- 🏃 **No unnecessary hoops to jump through.**
- 💬 **Direct access** to what you need—no more, no less.

"I assumed this would be a complicated process. It wasn't. Everything I needed was right here." — Amy S.





8. You Don't Have to Spend Thousands per Month



Why pay more for the same results? Our clients are shocked at how much they're saving by ordering directly and cutting out the middle man. Accessing this incredible technology shouldn't cost you thousands of dollars, and now, it doesn't have to.

Here's the truth:

- 💰 **Clinics add massive markups.** There's a more affordable way.
- 💡 **Results at a fraction of the price** you thought possible.

"It wasn't in my budget to spend \$500-1000 per month for peptides—learning how affordable this could be changed everything." — Megan



9. Small Tweaks = Big Wins (Hydration, Hydration, Hydration!)

Electrolytes and Protein are your new BFFs.



Minor changes,
major impact:

- 💧 **Stay hydrated.** Electrolytes help tremendously.
- 🥗 **Avoid greasy foods. Focus on protein and whole foods.**
- 🏃 **Keep it moving!** Working out and building muscle will give you compounding results when it comes to fat loss and body composition, even well after you hit your goal.

"Adding electrolytes and enzymes were a game changer, got rid of all small side effects and I now feel great!" - Jen



10. You Don't Have to Take Them Forever

"This is a jumpstart, not a lifelong commitment."

One of the best things?

- 💡 GLP-1 peptides aren't meant to be a forever thing.
- 🎯 They jumpstart your progress—getting you results faster while you build sustainable habits.
- 🏃 Long-term wellness without long-term reliance.

"I was relieved to maintain my results even months after tapering off, even after vacationing and eating what I wanted to enjoy!" — Ashley A.









Your Next Step: Peptide Prep School

Confidently Start Your Peptide Journey

NO CLINICS, NO CONFUSION

Peptide Prep School is your beginner-friendly guide for understanding and starting GLP-1 peptides safely and confidently—without ongoing support commitments.

What you'll learn:

-  **Trusted sourcing**—no guesswork, no shady suppliers.
-  **How to mix peptides** step by step.
-  **Self-administration basics**—painless, easy, and empowering.
-  **Overcoming intimidation** so you can confidently take the first steps.

BONUS:

Peptide Prep School attendees get an exclusive **\$200 discount** toward **Pep Squad**, where ongoing support, personalized protocols, and advanced strategies await.

[JOIN PEPTIDE PREP SCHOOL FOR JUST \\$97](#)

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